



Ministry of Health & Family Welfare
Government of India

Dengue can be prevented and is curable.

Do not panic.



In 99.79% of reported cases of Dengue, patients have fully recovered, following doctor's advice. If you have symptoms of Dengue, visit the nearest health center/hospital.

In all cases, hospitalisation may not be necessary. Hospitalisation is only on the advice of the doctor in the OPD.

- In homes, patients must keep themselves amply hydrated. Take ample liquids such as ORS solution, coconut water, fruit juices, etc.
- Take paracetamol to reduce temperature.
- Resort to sponging with cold water during fever.

Symptoms

- High fever
- Severe headache, backache
- Pain in eye movement
- Skin rashes/red spot
- Bleeding from gums/nose



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